



Get Active Program

Bagdad – “Mums off Bums”

Would you like to meet new people and make friends?

Learn how to set goals and achieve them?

Would you like to do something for you?

Want to have some fun?

If your answer is YES - then come along and join us

Where: St Michaels and All Angels Church, Bagdad, School Road.

Some activities may be off site.

When: Starting Wednesday 26th July 2017 – 12.30 -2.30pm (for 8 weeks)

Cost: \$5 per session – Covers Afternoon Tea and Facilitator Travel costs.

This is a joint initiative between Womensport & Recreation Tasmania, Bagdad Primary School Association and Freedom Health & Wellness



For more information or to register contact:

Sharon Breen – 0418 138 477



The Get Active Program (GAP) is a statewide initiative that promotes involvement in physical activity and supports participants to improve their health and wellbeing. GAP is proudly owned by Womensport & Recreation Tasmania Inc and is delivered with support from the Department of Health & Human Services Tasmania and in partnership with many organisations across the state.

For more information visit: www.wsrt.org.au or Like us on Facebook

